



Greetings Beloved Satsang,

As we welcome the month of May, our hearts are especially full as we celebrate six years of Baba's Feed Project. What began as a simple intention to serve has grown into a beautiful, living expression of love, community, and

seva—made possible by each and every one of you. We're so grateful for the journey so far and the many lives that have been touched along the way.

This month, we reflect on all that has been built together—from nourishing meals shared with families, to the meaningful connections formed both on the ground in India and within this global community. As temperatures rise, we're also turning our focus to our clay pot project—providing families with a safe, natural way to store drinking water and avoid the harmful effects of plastic in extreme heat.

Inside this month's newsletter, you'll find inspiring blog reflections, including the latest in our Hanuman Chalisa series and Ask Guru Bhai, along with a delicious new recipe from our kitchen. We're also sharing beautiful moments from recent distributions and ways you can continue to support and be part of this mission, including how you can contribute to our clay pot initiative.

Thank you for walking this path with us over the past six years. Your love and support are the foundation of everything we do—and we're so grateful to continue this journey of service together.

*All love,
Lauren*



Celebrating 6 Years of Seva

As we mark six years of service to communities in India, our hearts are filled with deep gratitude. What began as a simple intention to share food and care has grown into a meaningful journey of love, service, and connection—one that continues to show us the quiet power of compassion in action.

Over these six years, we've seen how something as simple as a warm meal or an education kit can bring comfort, dignity, and hope to families and children. Each moment of giving reminds us that when people are supported with love, real transformation begins.

We are so grateful for how far this journey has come—and even more inspired by what lies ahead. None of this would be possible without you. Your generosity, encouragement, and belief in this mission are the foundation of Baba's Feed Project.

Thank you for walking this path with us. Here's to continuing this beautiful journey of love, seva, and community—together.



 **Baba's Feed
PROJECT**
www.babasfeedproject.org

Keeping Water Safe in Rising Heat

Temperatures across India are rising—and with that comes a growing health risk for families who rely on plastic containers to store their drinking water. In extreme heat, plastic can begin to break down, leaching harmful chemicals into the water people depend on every day.

Through our clay pot project, we're working to provide a simple, natural solution. These traditional clay pots help keep water cool and safe, offering a healthier alternative during the hottest months.

If you'd like to help us bring safe drinking water to more families, please consider donating below. Every contribution makes a meaningful difference.

[Donate Here](#)



Moments from the Field

This image captures the heart of our work. Each visit to the communities we serve is a reminder that small acts of care can create moments of dignity, joy, and hope. Behind every photo is a family, a story, and a shared connection that stays with us long after the distribution ends.

Thank you for helping make these moments possible.



Hanuman Chalisa Reflection: Verses 25–26

In this month's reflection, we explore verses 27 and 28 of the Hanuman Chalisa, which remind us of Hanuman's role as both a protector in times of difficulty and a devoted servant of the Divine. These verses invite us to reflect on what it means to move through life with faith, alignment, and trust.

Read the full blog to dive deeper into these teachings and their meaning on the spiritual path.

[Read Blog](#)



Ask Guru Bhai

This month on the blog, Ask Guru Bhai explores the question: What does Maharaj-ji mean when he says “Love everyone, serve everyone”?

✨ Click below to read the full blog and reflect with us. Though these writings are creatively generated by AI Maharajji, they are not direct words from Maharajji but are offered with deep respect and devotion as a heartfelt, present-day reflection inspired by his teachings.

[Read More](#)

Want to use AskGuruBhai? Click the link below to ask your own questoins.

[Use AskGuruBhai](#)

Easy Indian Chickpea Curry

A simple, nourishing chickpea curry made with warming spices and creamy coconut milk—perfect for an easy, comforting meal.

[View Recipe](#)





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SHARE IT WITH A FRIEND!

If you enjoy reading our updates and stories in this newsletter, don't keep it to yourself! Share it with friends and family to help spread the message of love, service, and unity.

Each share extends our reach and supports our mission to nourish and uplift communities. Let's make a bigger impact together—spread the word and inspire more acts of kindness and compassion!



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