



Baba's Feed PROJECT

Feed the body.
Feed the mind. Feed the soul.



Baba's Feed Project- Feeding the Hungry in Northern India

Greetings Beloved Satsang,

As we move into the hotter summer months, we find ourselves especially grateful for the continued love and support surrounding Baba's Feed Project. For six years now, this work has been built one family, one meal, one water jug, and one moment of seva at a time. Every photo we receive from the ground in India is a reminder of the kindness, generosity, and connection that continues to carry this project forward month after month.

Right now, temperatures across parts of India are reaching extreme levels, making our clay pot initiative more important than ever. These traditional pots give families a healthier, more natural way to store water when the water trucks arrive, helping keep it cooler during the hottest months of the year.

This month, we continue our Hanuman Chalisa journey with reflections on verses 29–30, along with devotional inspiration, community updates, and nourishing recipes to share together.

More than anything, we hope these offerings bring a little encouragement, peace, and joy into your month.

Thank you for continuing to walk beside us in service. Your support truly makes all of this possible.

*All love,
Lauren*



 **Baba's Feed
PROJECT**
www.babasfeedproject.love

As temperatures continue to rise across India, many families are left storing their drinking water in plastic containers exposed to extreme heat. Over time, these plastics can break down and leach harmful chemicals into the water people rely on every day.

Through our clay pot project, Baba's Feed Project is helping provide a simple, natural alternative. These traditional clay pots keep water cooler for longer and offer families a safer way to store drinking water during the hottest months of the year.

What may seem small can make a profound difference in daily life—especially for children and elders facing intense heat.

This is the heart of seva: caring for one another in practical, meaningful ways.

If you'd like to support this initiative and help us distribute more clay pots to families in need, you can donate below. Every contribution helps.

[Donate Here](#)



Happy Fathers Day

This month we honor the fathers and father figures whose love is shown not only in words, but through steady presence, quiet sacrifice, and everyday acts

of care. Your strength, guidance, and devotion are a beautiful reflection of seva —selflessly showing up for others with an open heart.

Whether through wisdom, protection, kindness, or unconditional support, your impact reaches farther than you may ever know.

With love and gratitude, we celebrate you today and always.



Hanuman Chalisa Reflection: Verses 29-30

This month's Hanuman Chalisa reflection is now live, exploring verses 29–30 and the timeless wisdom they offer on devotion, inner strength, and divine protection.

These verses remind us that Hanuman's light continues to guide and protect those walking the spiritual path, helping dissolve fear, doubt, and negativity through faith and remembrance of the Divine.

In a world that can often feel overwhelming, Hanuman teaches us the power of humility, surrender, and selfless service.

Check out the blog to read the full reflection.

[Read Blog](#)



Ask Guru Bhai

In this month's blog reflection, we explore what it truly means to deepen devotion in everyday life. From acts of seva and remembrance to finding the sacred within ordinary moments, this piece offers gentle guidance on cultivating a more heartfelt connection to the Divine amidst the busyness of daily life.

✨ Click below to read the full blog and reflect with us. Though these writings are creatively generated by AI Maharajji, they are not direct words from Maharajji but are offered with deep respect and devotion as a heartfelt, present-day reflection inspired by his teachings.

[Read More](#)

Want to use AskGuruBhai? Click the link below to ask your own questions.

[Use AskGuruBhai](#)

Simple Mushroom Curry

Warm, comforting, and full of rich flavor, this month's recipe features a delicious mushroom curry spiced with cumin, fennel, garlic, and warming masala. Perfect for sharing with loved ones or enjoying as a cozy homemade meal.

[View Recipe](#)



When you make a donation to Baba's Feed Project, you can receive a gift as a heartfelt thank you for supporting this mission of love and seva.

We also want our community to know that these gifts have been generously donated to Baba's Feed Project and do not take any funds away from the families we serve in India. The full amount of your donation continues to go directly toward meals, essential resources, and ongoing support for those in need.

These gifts are simply our way of saying thank you for being part of this journey of service with us.



[Click here to donate and receive a gift](#)

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If you enjoy reading our updates and stories in this newsletter, don't keep it to yourself! Share it with friends and family to help spread the message of love, service, and unity.

Each share extends our reach and supports our mission to nourish and uplift communities. Let's make a bigger impact together—spread the word and inspire more acts of kindness and compassion!



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